

**BEFORE YOU
DECIDE**

When deciding about a move to Masterpiece by Symphony, you will want to consider some of the issues seniors often face when remaining at home.

	SYMPHONY	WITHOUT SYMPHONY
SOCIAL INTERACTION	Symphony offers daily activities to encourage social interaction with people who share similar experiences. Building friendships and having fun.	Seniors may feel isolated by living alone or with busy family members.
TRANSPORTATION	Symphony offers transportation for social activities, errands and doctor appointments	Seniors may rely on family members as their only source of transportation and limited their independence.
NUTRITION	Symphony employs a full culinary staff to ensure a delicious, fine dining experience with a daily variety of options. Our Executive Chef creates our menus, we offer open style dining in the Bistro, with no set meal time.	Seniors may rely on easily prepared meals rather than healthy, fresh alternatives prepared daily and as you like. Often Seniors will lose interest in cooking for one and then health problems surface.
HOUSEKEEPING	Each Symphony community employs a housekeeping staff and offers house cleaning once weekly. Towel service is offered weekly. Personal laundry services are available on a fee for service basis.	Seniors face the burden of maintaining a home. Or maybe you are simply tired of doing housework.
EMERGENCY ASSISTANCE	Symphony provides 24-hour assistance, and an emergency call system located in each suite and bathroom as well as the common areas within the building.	Immediate help is often not available to seniors who live alone or may take too long to arrive.
EXERCISE	Symphony offers a variety of fitness and exercise programs that fit with your needs. Our Fitness Coordinator focuses on strength, balance, mobility. We also offer aquatic classes in our indoor pool.	Seniors may not have access to adequate exercise and fitness activities living alone.
MEDICATION MANAGEMENT	Symphony offers medication reminders to help our residents to take their prescribed medications. Medication management programs are available for those residents who no longer wish to manage their medications themselves.	Without assistance, seniors may miss very important medications which can lead to worsening health conditions and overall lack of well-being.
MAINTAINING INDEPENDANCE	Symphony offers assistance as needed and encourages residents to remain as independent as possible.	Seniors often become dependent on family or friends to continue living alone.

